Geetha Road, Robertsonpet, Kolar Gold Fields

Report on Capabilities and Enhancement Scheme

- 1. Guidance for Competitive examinations
- 2. Career counseling
- 3. Soft skill development
- 4. Remedial coaching
- 5. Language lab
- 6. Bridge courses
- 7. Yoga and meditation
- 8. Personal Counseling

Competitive Exams

Competitive exam: The institution provides guidance for students for competitive exams by organizing sessions by inviting experts from other institutions and agencies. The college library has a good number of competitive exam books, employment newspapers, and GMAT/GATE/CAT/NEET books.

Career Counseling

Career Counseling: realizing the importance of the student's career. The institution organizes career counseling session especially for all final years' students. Industry experts are invited to share their knowledge and career options available in the respective field.

Soft Skill Development

Soft skill Development: The Department of English engages the student time in providing the soft skill training to enhance their intellectual skill regarding the soft skill. Reading of regular newspaper, pick and speak, essay writing, short story writing, role play from the text books.

Language lab

Language lab: the institution has a language lab well equipped to cater to the students need. There are sufficient number of CD which is used to provide and improve the communication skills, accent, spelling, and pronunciation.

Remedial coaching

Remedial coaching: these classes are handled by the respective departments for those students who are academically weak. they are identified through class test, interactive sessions in the class room and also their performance in the internal examinations.

Bridge courses

Bridge Course: the students joining the course from different streams like BCA, B.Com and BBA face difficulty in understanding the basic concepts. Bridge course is arranged for such students by concerned subject teacher, make them comfortable with the course and bridges the gap of knowledge which makes the students persue the course.

Yoga and meditation

Yoga and meditation: As younger generation face a lot of mental and Psychological problems relating to academics as well as personal, yoga and meditation classes give them the hands of help to recover from their bad situations and also help them excelling in academics.

Personal Counseling

Personal Counselling: A separate counseling cell headed by the student welfare officer is there to provide counseling to the student based on their situations.

Geetha Road Robertsonpet K G F - 563122

Circular

Dated: 23rd Oct 2018

ARG is organizing an innovative session on career character and charisma on 25th Oct 2018 in conference hall at 11am. Degree students are invited to attend the same without fail. Attendance is mandatory.

101

102

103

HOI

605

106

107

108

SIGNATURE

Principal SRI BHAGAWAN SRI LEGE SAI LEGE SAI BHAGAWAN COLOR SAI BANGARAN COLOR SAI LEGE SAI L



SRI BHAGAWAN MAHAVEER JAIN FIRST GRADE COLLEGE GEETHA ROAD, ROBERTSONPET, K.G.F - 563 122.

BRIDGE COURSE I YEAR BGB-2018 ROOM NO.404

	BRIDGE CO	UKS	- 1 1 1	-41	DGD.	2010	,,,,	01111	10.404
SL NO.	NAME OF THE STUDENT	1	2	3	4	5	6	7	Remarks
1	AFSHAN TASNEEM W	P	A	P	A	P	P	P	Need to improve
2	CHRISTINA MOONSEN C	P	P	A	P	A	P	p	Good
3	DHANUSH S	P	A	P	P	P	P	P	Good
4	DIVYA REBECCA D	P	P	A	P	P	P	P	Can do still bell
5	JENNIFER JOY I	P	P	P	A	P	P	P	Good
6	NIVEDITHA R	P	A	P	P	P	P	P	Need to improve
7	PRAVEEN M	P	A	P	P	P	A	P	Need to improve
8	RAMAADEVI N	P	P	P	P	P	P	P	Good
9	RESHMA SULTANA	P	P	P	A	P	P	P	Good
10	SHAKTHI VARMAN S A	P	P	A	P	P	P	P	Systematic study reg
11	SHARULATHA M	P	P	P	A	P	P	P	Good
12	SNEHA R	P	P	P	P	P	P	P	Good
13	SUVIKSHA S	P	A	P	P	P	P	P	Need to improve
14	VARSHINI D	P	P	A	P	P	P	P	Good
15	VARUNKUMAR N								U
16	YASHASWINI K	A	P	P	P	P	P	P	Need to improve
17	NIVEDITHA O			1					
				-					

SRI BING WANTER COLLEGE
SRI BING WANTER COLLEGE
SRI BING WANTER LOW TO THE COLLEGE
SRI BING WANTER COL

DAIZY .F)
Co-ordinator



SRI BHAGAWAN MAHAVEER JAIN FIRST GRADE COLLEGE GEETHA ROAD, ROBERTSONPET, K.G.F - 563 122.

	BRIDGE CO	JUK	DEII	EAR	BBA	-20	18 KC	IVIO	NO.304
SL NO.	NAME OF THE STUDENT	1	2	3	4	5	6	7	Remarks
1	A BHUMI JAIN	V	V	V	V	V	V		Excellent in Academics
2	ABHISHEK N G	~	1	1		-	~		Emproved Studies
3	ALLEN PRIYESH G			1.	~	V	~		Good in Non-areadem
4	ANISHA JAIN D		1	1.	1		0		Excellent in Accadenie
5	ANUSHA R	1	1		1		V		Discipline
6	ASMA AKBER	L	1	//	-	V	V		
7	CHETANA M		/	./	1/	,/	1		Improved duripline
8	DEEPAK RATHORE U	1	./			/			Quality in Learning
9	DEEPTHI BANTIA A	1	1	./		/	V		1
10	DIKSHITH U				1.		/		Total Quality Inspen
11	DIPESH KUMAR A				/	1	. /		hearing Improved.
12	ELWIN ALEXANDER	_	-						Learning Improved
13	FARZANA TAJ C		. [./	_	. /	./		Accademice "
14	GOWTHAM R	V	1	./	5	./	0		Excellent in Karate
15	HAMSAVENI C	1	1	. /		,			
16	HELLAN P		./		./	1	1		Brieflent Singer
17	JINESH JAIN S	./	- /		./	V	1		Tenduately Insproved
18	KARTHICK M	V		. ,		/	V		Totally improved
19	LEENA M	1	1			1	1		Headerneally Impro
20	MERLIN J K	/	./	/		1			Teasning Impreved
21	MOHAMMED FAREED PASHA	1					J		Lagreng lomoved?
22	MOHAMMED MAHEEN ALI T M	1	5	5	1	5	7		Discipline.
23	NAFIYA BANU S			1		U			Extra Cusqueutary



GEETHA ROAD, ROBERTSONPET, K.G.F - 563 122.

II SEMESTER - B.COM - A SECTION - 2014 - 2015

SOFT SKITS / CAREER COUNSELLING ATTENDENCE LIST

SI.No	Reg No	Name of the Candidate	LANG	RECEIVED SIGNATURE
1	14NDC41060	AALIYA N	KANNADA	dalige w
2	14NDC41061	ABISHEK PARMAR G	HINDI	ABISHEK PARMAR. G
3	14NDC41064	AKSHITH R	HINDI	Alle. R
4	14NDC41065	ALIYA ANJUM	URDU	Sliga Injum
5	14NDC41066	ANIL KUMAR N	KANNADA	ANIX tumai N
6	14NDC41069	ASHWINI P R	KANNADA	april . De
7	14NDC41070	ASHWINI S K	KANNADA	Achumi 8E
8	14NDC41071	BHARATH KUAMR P	KANNADA	Bharath Lumar P
9	14NDC41073	BHUVANESHWARI B	KANNADA	BBhuraneshwari.
10	14NDC41076	CHAITHRA A	KANNADA	Cheithan A
11	14NDC41078	CHANDINI S	HINDI	Chandini.
12	14NDC41079	CHARAN SINGH R	KANNADA	. diedan Singh R.
13	14NDC41084	DEVASURYA K	HINDI	devasurija. Kn
14	14NDC41085	DIKSHITHA J	HINDI	delibert
15	14NDC41086	DIKSHITHA S	HINDI	Suprither
16	14NDC41087	DIVYA K H	KANNADA	Dillya.K.
17	14NDC41090	DIVYA SHREE S	KANNADA	Dahre S
18	14NDC41092	HAREESH T G	HINDI	S. Pivya Shree
19	14NDC41094	HARISH V	KANNADA	ritemakatha B
20	14NDC41095	HEMALATHA B	KANNADA	harish. V
21	14NDC41096	JAYASHREE J	KANNADA	Layenhee J.
22	14NDC41099	JULIE PRIYA J	HINDI	S. Touthi
23	14NDC41100	JYOTHI S	KANNADA	fthe o
24	14NDC41103	KARTHIK RAJ S	HINDI	Larathik Paj
25	14NDC41105	KEMUEL BENNETTS	HINDI	Cemul Benril
26	14NDC41106	KIRAN BABU K	HINDI	Labore S
27	14NDC41108	LAVANYA R	KANNADA	daranya.
28	14NDC41109	LAVANYA S	KANNADA	Lingher. M
29	14NDC41113	LIKITHASREE M	KANNADA	. Xt kitharte. N
30	14NDC41115	MADHU PC	HINDI	Cedhine
31	14NDC41116	MADHURA H S	KANNADA	Machinea. H. S

30	12NDC24023	NIKHILKRISHNA R	HR	Nikhelkeehna. R.
31	12NDC24039	SUSHWANTH S	MKT	Surranh. S
32	12NDC24046	VISHWANATH CS	MKT	Thueanath C'S
33	12NDC24010	HARISH M	HR	haish M.
34	12NDC24024	NIVEDHA VISVANATHAN	HR	Nivedhavisvanathan
35	12NDC24033	SHANU PREETHA R	HR	Shaup tha . R
36	12NDC24034	SHWATHY K	HR	Shwathy, K.
37	12NDC24031	SANTHOSH KUMAR S	HR	Santharhkunsu !

* AMARIA FIRST GRADE COLLEGE

SHIP FIRST GRADE COLLEGE

Control Rand Robertsinger & G.F. G. J. 122

Career Councilling



SRI BHAGAWAN MAHAVEER JAIN FIRST GRADE COLLGE

Geetha Road, Robertsonpet K G F – 563122

Circular

Orientation Programme

Dated: 1/7/2014

It is hereby informed to all first year degree students, that there will be orientation programme organized by our institution on 3rd July 2014. Students are requested to come in white colour as their dress code. Kindly assemble in the conference hall at 10 am.

ELECTRICATE BOOK BARBARA BARBA

L. Preeth: Ofaway



Geetha Road, Robertsonpet K G F - 563122

CIRCULAR

Dated: 1st August 2014

This is to inform that all the final year students, there will be a placement training programme from TCS on 4th August 2014. Hence all are requested to assemble in auditorium at 11 am.

Attendance is mandatory.

Place: Auditorium

Date: 4th August 2014.

Time: 11 am.

Placement Cell

Principal

MAHAVEER JAIN FIRST GE



Geetha Road, Robertsonpet K G F - 563122

SRI BHAGAWAN MAHAVEER JAIN COLLEGE

Circular

Dated: 24th Jan 2015

Placement cell is going to conduct training programme on 30th January 2015 for Commerce and Management students organized with Head Alliance, Stock market, Bangalore, who will be giving coaching on MBA entrance exams. Kindly assemble in the conference hall at 1.45 pm post lunch.

Placement Cell

FOI

108

SRI BHAGAWAM
SRI BHAGAWAM
SRI BHAGAWAM
Gaetha Road Rubertsonper K.G.F. 563 122



Geetha Road, Robertsonpet K G F - 563122

Circular

Dated: 22nd Jan 2016

It is hereby informed that all the degree students are invited to attend Stock mind session from ICICI direct Centre for financial learning by Bhupendra Singh, Jidin Madhu on 27th Jan. The students are requested to assemble in conference hall. Attendance is mandatory,

MANAYER JAM FRONTON LEF. SET 1:



Geetha Road, Robertsonpet K G F - 563122

Circular

Dated: 3rd April 2017

ARG is conducting TCS orientation programme on 6th April 2017. Students are instructed to assemble in Auditorium at 10.am. Attendance is mandatory.

105 L. Pruettis 106 108 - do



Geetha Road, Robertsonpet K G F – 563122

Circular

Dated: 8th Aug 2018

Department of Commerce is organizing GST awareness programme on 11th Aug 2018 in Auditorium at 11 am. Final year degree students are instructed to assemble at 10.30am. Attendance is mandatory.

109

210

Henshim,

SRI SHAGAWAN

SRI SHAGAWAN

KAHAVEER JAIN FIRST GRADE C SILIEGE

Gortha Rood, Sobortsomper, K.G.F., bod 124



Geetha Road, Robertsonpet K G F - 563122

Circular

Dated: 2nd Feb 2017

Placement cell is conducting workshop on Study Abroad to all final year students in association with Envisage Global. Kindly assemble in the auditorium without fail at 11.00am.

IQAC

Principal

L. Reethin Conditions

And Conditions

Applications

Appli

Competitive quidance



SRI BHAGAWAN MAHAVEER JAIN COLLEGE GEETHA ROAD ROBERTSONPET, K.G.F

5/02/2014

CIRCULAR

The Final year degree students are invited for the inaugural on 06th Feb 2014 at 07:30 am in the College premises of Competitor's Galore a Training Programme offering coaching classes for various competitive exams like Banking, UPSC, KPSC etc in subjects like Analytical Reasoning, English Comprehension, Precise Writing, Reasoning, Group and the classes from 06th Feb 2014 and the classes from 06th Feb 2014



Geetha Road, Robertsonpet K G F - 563122

Circular

Dated: 17th March 2015

The final year degree students are hereby informed to attend a session on guidance for banking exam by JV Rajashekarappa, Chief Manager, KVB, on 20th March 2015. Interested students kindly register your name to the placement officer before 1.45 pm today.

Placement Officer

Principal

SRI BHAGAWAN
SRI BHAGAWAN
SRI GRADE COLLEGE
Gorde Rood, Rabotsunpel, K.G.S. Sal 122

L. Priett:

April 1

Open of



SRI BHAGAWAN MAHAVEER JAIN FIRST GRADE COLLEGE GEETHA ROAD, ROBERTSONPET, K.G.F – 563 122.

4th August 2016

NOTICE

The Degree students are hereby informed that the Institution is conducting the Campus Recruitment Training programme for the following classes.

- 1. CAT Examination/State Level/Regional Level/Entrance Examination and Internal National Test and Rs.2000/- per course per candidate and duration of the course is 60 Hrs.
- 2. Banking and Govt. Examination Training programmes is Rs.7000/-per candidate duration of the course is 60 Hrs.

Hence interested students can registered their names with Ms. Sujatha Arasu, Dept. of ARG, on or before 4th of August 2016 at 3.00 pm.

PRINCIPAL

MINAYEER JAM FIRST GRA

Soft 130



Geetha Road, Robertsonpet K G F – 563122

Circular

Dated: 6th November 2016

ARG is conducting aptitude test to all final year students with Career Launcher on 9^{th} November 2016. Kindly assemble in the auditorium without fail at 9.30 am .

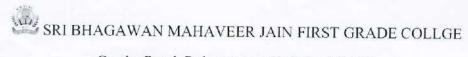
10AC

Principal

STEEL STATE OF THE STATE OF THE

MARY ETH ROOM ROOM

Preethi



Geetha Road, Robertsonpet K G F - 563122

Circular

Dated: 24th March 2017

ARG is conducting Competitive exam coaching for final year degree students on 28th March 2018. Students are instructed to assemble in Auditorium at 10.am.

ANNITER JAN FREST GRADE COLLEGE

Geetha Road, Robertsonpet, Kolar Gold Fields

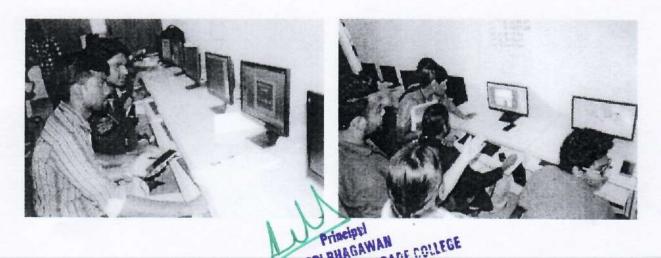
COMMUNICATION LAB SESSIONS 2018-19

The First Semester students were given an introduction session on the usage of CL software in the Auditorium about Listening, Speaking, Writing, Reading, Phonetics and Softskills of each module of the software.

One session was completely dedicated to Communication Lab and was conducted, where the CL software is installed in all the systems. The students were asked to practice communication skills using the software. It was ensured that the students go through Listening, Speaking, Writing, Reading, Phonetics, Softskills of each module of the software in the allotted session. The students were then encouraged to use CL software during their free time to improve their communication Skills.







Geetha Road, Robertsonpet, Kolar Gold Fields

Soft Skill Development-2017-2018

Soft skill Development: The Department of English engages the student time in providing the soft skill training to enhance their intellectual skill regarding the soft skill. Reading of regular newspaper, pick and speak, essay writing, short story writing, role play from the text books.



Newspaper Reading



Pick and Speak



Soft skills and Interaction with the Students



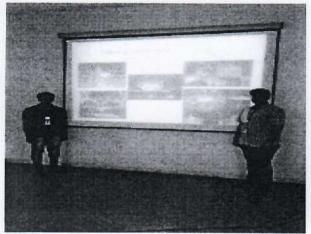
Essay Writing

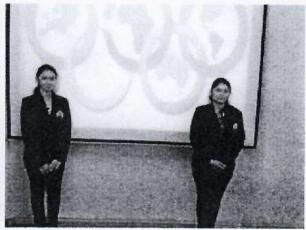
Principal
SRI BHAGAWAN
SRI BHAGAWAN
SRI BHAGAWAN
Gustha Hoad, Rubartsonpol, K.G.F. 1863-182

Geetha Road, Robertsonpet, Kolar Gold Fields

Soft Skill Development-2016-2017

Soft skill Development: The Department of English engages the student time in providing the soft skill training to enhance their intellectual skill regarding the soft skill. Reading of regular newspaper, pick and speak, essay writing, short story writing, role play from the text books.





Enhancement of Soft Skills Presentation by Students

Geetha Road, Robertsonpet, Kolar Gold Fields

Soft Skill Development-2015-2016

Soft skill Development: The Department of English engages the student time in providing the soft skill and Personality Development training to the Final BCA Students to enhance their soft skill. This Program Developed the Overall Communication skills and built confidence among the students.



SRI BHAGAWAN MAHAVEER JAIN FIRST GRADE COLLEGE

Geetha Road, Robetrsonpet. K.G.F-563122 Accredited by NAAC





SOFT SKILLS PERSONALITY DEVELOPMENT CERTIFICATE

This is to certify that Mr/Ms King Pena &

has participated in the Soft skills & personality Development (SSPD) In final year BCA 2015-16

Organized by Department of Computer Science

ead of the Department Siddarama S

SRI BHAGAWAN

SRI BHAGAWAN

GRADE COULT OF Rekha Sethi

THEER JANK FIRST WEARDE LUCK THE



SRI BHAGAWAN MAHAVEER JAIN FIRST GRADE COLLEGE GEETHA ROAD, ROBERTSONPET, KGF-563122 Accredited by NAAC with 'B' Grade

REMEDIAL CLASS FOR B.COM STUDENTS 2014 - 2015

SEMESTER: 01

Subject: FINANACIAL ACCOUNTING

Faculty: Ms KASTHURI L

Sl	Name	Attendance													
No		9/9	28/9	7/10	27/10	3/11	9/11	20/11							
01	Kevin C	0	1	2	2	3	4	5							
02	Keerthana K	1	2	2	3	4	5	6_							
03	Pavithra S	1	2	3	4	5	6	7							
04	Sherlyrosalia	1	2	3	H	5	6	7							
05	Tabraza A	i	1	2	3	3	H	5							
06	S Veronica)	2	3	H	5	6	7							
07	Darshan	1	1	2	3	H	5	5							
08	Deekshitha S	1	2	3	4	4	5	6							
09	Eshwari K	1	2	3	H	5	6	7							
10	Jyothi S	1	2	3	4	5	6	7							
11	Lenemark J	1	1	1	2	3	3	3							
12	Madhu P C	1	2	3	H	H	5	6							
13	Mount Mary Nisha A	1	2	3	4	5	6	7							
14	Nandhini K U	1	1	2	3	4	5	6							
15	Nitasha	1	2	3	4	5	6	7							
16	Pooja K S	2	2	3	3	H	5	6							



Geetharoad, Robertsonpet, K.G.F - 563 122 REMEDIAL CLASS ATTENDANCE 2018 - 2019

Course: BSc(PMCs)

	C.DSC(TMCS)	Total de la Citagna															Sen	nest	I		
SL.NO.	NAME OF THE STUDENT	3/8/18 11/8 16/8 28/8 5/9 14/9 22/9 CLASSES 1/10 22/10 25/10 27/10 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15														SLIP TEST				REMARKS	
			2	3	4	5	6	7	8	9	10	11	12	13	14	15	28 8	2019	253/0	4	
1	AKHILA P																	-	-	-	
2	ALIYA NIKHAT										-	-						-	-		
(3)	DHARANESH K	1	2	2	3	4	5	6	7	8	9	10	11	12	10				-		
4	DIVYAJ			1		7	3	~	-	0	1	-	-	12	13		_	2	2		
(5)	JYOTHIJ	1	1	2	3	4	5	6	7	8	01	10	li	12	10		,	_	2		
6	LATHA N V	1	2	3	4	4	-	6	7	8	g	10	1)		13		7	2	3	-	
7	ROOPASHREE S		1		7		,		/	Ť	7	10	11	12	13		1	2	3		
(8)	SAYYADA FATHIMA	1	2	3	4	5	6	7	8	9	10	1)	12	13	1/1		1	-			
(9)	SRINATHR	1	2	3	4	5	6	7	8	9		1)			14		_	2	3		
10	TEJASHWINI R V		1	-	1	2	0	-	0		10	4	12	13	14	-	-	2	3		
	THARUN B												-			-			-		
(12)	THOUHEED PASHA S	1	2	3	4	5	5	5	6	7	8	9	10	h	12		-	-	7		

Department of Physics

Sri Chagawan Mishaveer Jain College Recenteenpen, K.G.F. - 563 122

SRI BHAGAWAN
SRI BHAGAWAN
SRI GRADE CGULEGE
GRADE CARROLARAMENTER ROSE COLLEGE
SRI BHAGAWAN
SRI

Soft skills.



SRI BHAGAWAN MAHAVEER JAIN FIRST GRADE COLLGE

Geetha Road, Robertsonpet K G F - 563122

Circular

Dated: 7th July 2015

IT is here by informed that the degree students are invited to attend Training in communication skills by Mr. Arijith Takur from I Scholar Education Service on 10th July. Students are instructed to assemble in Auditorium. Attendance is compulsory.

Principal.

MAHAVEER JAIN FIRST GRADE COLLEGE Gastes Rand Robertsampel K.S.F. 593 1-2

L. Prathi Operars



Geetha Road Robertsonpet K G F - 563122

Circular

Dated: 20th Aug 2018

ARG is conducting Soft skill training for all degree students on 23rd Aug 2018. Students are directed to assemble in auditorium at 12.00noon. Attendance is mandatory.

Principa

SHELD WER SOLVE COLLEGE

2016-2017

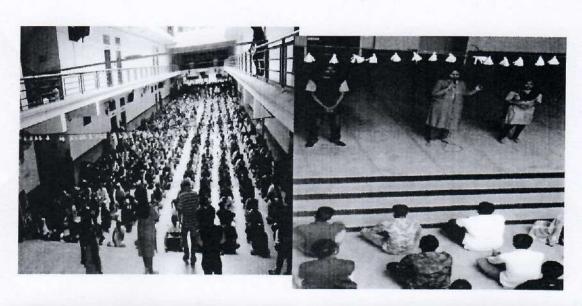
Department: Counselling Centre

Date: 02/01/2017, 03/01/2017 and 04/01/2017

Event: Meditation & Yoga (3 days)

Organized by: Heartfulness Institute. Sri Rama Chandra Mission. Chennai. Resource person: Mr. Shashikanth, Mr. Bhoominathan & Ms. Sumathi. S

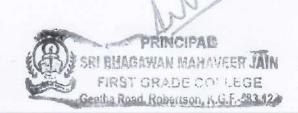
Venue: Open Auditorium Participate: 450 students







The programme was started after the Morning Prayer with introducing the resource persons. The students from all the streams took part in mediation and followed the instruction by the mediation instructor and benefitted.



2017-2018

Department: Counselling Centre

Date: 17/06/2017

Event: International Yoga day celebration

Organized by: Heartfulness Institute. Sri Rama Chandra Mission. Chennai. Resource person: Mr. Shashikanth, Mr. Bhoominathan & Ms. Sumathi. S

Venue: Open Auditorium Participate: 400 students

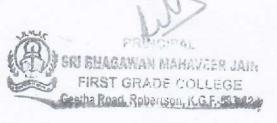








The student from various stream participated in International Yoga day on 17th July 2017 in an open auditorium and followed the instruction, the students and faculties were finding difference after meditation and yoga early morning they all felt fit and energetic. The faculty members also took part enthusiastically.



2017-2018

Department: Counselling Centre

Date: 15/07/2017 Event: Meditation

Organized by: Heartfulness Institute. Sri Rama Chandra Mission. Chennai. Resource person: Mr. Shashikanth, Mr. Bhoominathan & Ms. Sumathi. S

Venue:Basement Auditorium Participate: 100 students









The student and faculty members took part in meditation programme conducted by Heartfullness Meditation centre in basement auditorium with an introduction on importance of meditation and benefits of practicing regularly .The Instructions were been followed carefully by the participants and made use of the sessions.



2018 -2019

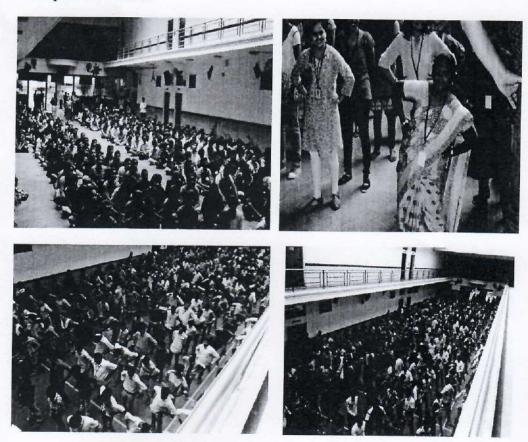
Department: Counselling Centre

Date: 21/06/2018

Event: International Yoga Day Celebration

Organized by: Heartfulness Institute. Sri Rama Chandra Mission. Chennai. Resource person: Mr. Shashikanth, Mr. Bhoominathan & Ms. Sumathi. S

Venue: Open Auditorium Participate: 400 students



The students from all courses took part in yoga and meditation and celebrated International Yoga Day with a smile and energy participated and followed the instructions given by the resource person and enjoyed with activity performing yoga exercise. The faculty members also took part enthusiastically.



2018 -2019

Department: Counselling Centre

Date: 17/07/2018 Event: Meditation

Organized by: Heartfulness Institute. Sri Rama Chandra Mission. Chennal. Resource person: Mr. Shashikanth, Mr. Bhoominathan & Ms. Sumathi. S

Venue: Basement Auditorium Participate: 150 students





The students involved in the meditation programme conducted by Heartfullness Institution Mr. Shashikanth and Ms. Sumathi. S as instructor for the day. The programme began with Introduction on meditation and its useful tips for health mind and healthy body. It was organized by Student Welfare Association and students of commerce stream participated, were benefitted by meditation.

PRINCIPAL
SRI BHAGAWAN MAHAVEER JAIN
FIRST GRADE COLLEGE
Geetha Road, Robertson, K.G.F.-883,124

2018-2019

Department: Counselling Centre

Date: 22/04/2019, 23/04/2019, 24/04/2019

Event: Meditation & Yoga

Organized by:Heartfulness Institute. Sri Rama Chandra Mission. Chennai. Resource person: Mr. Shashikanth, Mr. Bhoominathan & Ms. Sumathi. S

Venue: Basement Auditorium

Participate: For 3days totally 300 students



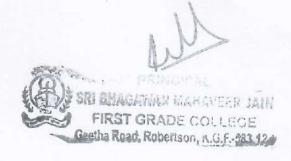




This programme was conduct by Shri Ram Chandra Mission the Heartfulness organization behind the sahaj Marg system . Sahaj Marg Spirituality Foundation (SMSF) is a non –profit charitable trust dedicated to fulfilling civic and social responsibilities located in Bangalore. This team is located in BEML and Bangarpet area.

In 3 days of programme students learnt about meditating, relaxing and how to focus on studies.

Over all 300 students from II B.com and I year BBA & BCA were utilized these sessions and benefited.



2018-2019

Report 07

Department: Counselling Centre

Date: 18/10/2019

Event: "World Mental Health day "Celebration .

Organized by:Heartfulness Institute. Sri Rama Chandra Mission. Chennai. Resource person: Mr. Shashikanth, Mr. Bhoominathan & Ms. Sumathi. S

Venue: Basement Auditorium Participate: 90 students







The counselling centre had celebrated "World Mental Health Day" in form of bring awareness about meditation and its impact on peace of mind and relief of stress for the students which improve the concentration level of the students .There were 90 students from commerce department participated

The Heartfulness institute from Bangalore was represented by Mr. Srinivasulu, Mr. Shashikanth, Mr. Ramesh, Ms. Sumithra and Mr. Bhoominathan coordinated the session.

The Session was organized by Ms. Afseena, Ms. Rumana and Mr. Ashwin as student coordinator of Counselling Centre under the guidance of Mrs. Nazneen Ahamed Psychologist and SWO, Mr. Praveen SWC faculties of SBMJC. KGF.

